#### Calculus M211

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- ightharpoonup v(t) the speed at time t

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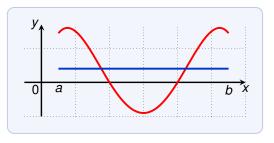
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Idea: split in *n* rectangles, take their average height.

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The sum  $\sum_{i=1}^{n} f(x_i) \Delta x$  is called **Riemann sum**.

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As a consequence, we have

The average value  $f_{avg}$  of a function f on an interval [a, b] is:

$$f_{\text{avg}} = \frac{1}{b-a} \int_{a}^{b} f(x) \, dx$$

Thus the average value of the function is the integral over the interval divided by the width of the interval.

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This is **easy to remember**:



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$$f(c)(b-a) = \int_a^b f(x) dx$$

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For this f, we can find c explicitly. Since  $\frac{1}{b-a} \int_a^b f(x) dx = 2$ 

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Thus there are two numbers c = -1 and c = 1 that work!